

08. Slip, Trip, and Fall

Slips, trips, and falls are among the most common workplace incidents and they are easily preventable. Not assessing the path of travel before proceeding is a contributing factor to all loss of balance, traction and grip. Below are causes of slips, trips, and falls:

- 08.01. Footwear that is not suitable for working conditions.
- 08.02. Improper assessment of path of travel
- 08.03. Failure to properly steady oneself during travel.
- 08.04. Rushing
- 08.05. Carrying an object that blocks line of vision.
- 08.06. Messy work areas with debris strewn about.
- 08.07. Not using fall restraint or arrest devices
- 08.08. Working off a ladder that is not correct for the activity and or firmly positioned.